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Serving: Del Norte, Humboldt, Mendocino, Lake, Sonoma,
Napa & Solano Counties



***AN ALZHEIMER'S
DISEASE
BILL OF RIGHTS***

Every person diagnosed with Alzheimer's Disease or a related disorder deserves the following rights:

- To have appropriate, ongoing medical care
- To be productive in work and play for as long as possible
- To be treated like an adult, not like a child
- To have expressed feelings taken seriously
- To be free from psychotropic medications if possible
- To live in a safe structured and predictable environment
- To enjoy meaningful activities that fill each day
- To be outdoors on a regular basis
- To have physical contact, including hugging, caressing and hand-holding
- To be with individuals who know one's life story including cultural and religious traditions
- To be cared for by individuals who are well trained in dementia care

-- From *The Best Friends Approach to Alzheimer's Care* by Virginia Bell and David Troxel